



220 Swift

<b>.224"</b>	<b>22</b>
<b>Weight (grains)</b>	<b>Semi Spitzer SP</b>
<b>Ballistic Coefficient</b>	70
<b>Sectional Density</b>	0.219
<b>COAL Tested</b>	0.199
<b>Speer Part No.</b>	2.570"
	1053

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant Reloder 26	Hornady	CCI 200	40.0	3130	<b>44.5 C</b>	3487
Alliant Reloder 17	Hornady	CCI 200	35.0	3075	<b>38.9</b>	3426
Alliant Power Pro 4000-MR	Hornady	CCI 200	37.3	3114	<b>41.2</b>	3416
Alliant Reloder 16	Hornady	CCI 200	35.6	3139	<b>39.4</b>	3416
Vihtavuori N160	Winchester	CCI 200	38.0	2902	<b>42.0 C</b>	3306
Alliant Power Pro 2000-MR	Hornady	CCI 200	32.7	3035	<b>36.2</b>	3302
IMR 4451	Hornady	CCI 200	35.1	2981	<b>39.0</b>	3295
Accurate 3100	Winchester	CCI 200	39.0	2846	<b>43.0 C</b>	3214
Alliant Reloder 15	Winchester	CCI 200	32.0	2855	<b>36.0</b>	3178
Alliant Reloder 19	Winchester	CCI 200	38.0	2836	<b>42.0 C</b>	3166
IMR 4320	Winchester	CCI 200	32.0	2781	<b>36.0</b>	3106
Hodgdon H380	Winchester	CCI 250	34.0	2834	<b>38.0</b>	3097
Accurate 2700	Winchester	CCI 250	34.0	2813	<b>38.0</b>	3068
Winchester 760	Winchester	CCI 250	33.0	2776	<b>37.0</b>	3038
IMR 4831	Winchester	CCI 200	36.0	2604	<b>40.0</b>	3000
Hodgdon H414	Winchester	CCI 250	33.0	2707	<b>37.0</b>	2972
IMR 4350	Winchester	CCI 200	34.0	2608	<b>38.0</b>	2948
IMR SR 4759 (reduced load)	Winchester	CCI 200	12.0	1642	<b>14.0</b>	1899

**WARNING:** Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

*Maximum loads should be used with CAUTION • C = Compressed Load*