



280 Remington (7mm Remington Express)

.284"	7mm Spitzer BTSP	7mm Spitzer SP Hot-Cor®	7mm Grand Slam® SP/CANN
Weight (grains)	145	145	145
Ballistic Coefficient	0.472	0.416	0.353
Sectional Density	0.257	0.257	0.257
COAL Tested	3.180"	3.160"	3.275"
Speer Part No.	1628	1629	1632

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
IMR 4831	Remington	CCI 200	54.0	2815	56.0	2975
Alliant Reloder 19	Remington	CCI 200	55.0	2752	57.0	2973
Alliant Power Pro 4000-MR	Federal	Federal 210	50.0	2716	55.4	2972
Alliant Reloder 23	Federal	Federal 210	52.0	2719	57.6 C	2964
Alliant Reloder 16	Federal	Federal 210	48.2	2717	53.6	2958
Alliant Reloder 17	Federal	Federal 210	48.1	2702	53.3	2951
Hodgdon H4350	Remington	CCI 200	50.5	2779	52.5	2950
IMR 4350	Remington	CCI 200	51.0	2697	55.0	2949
Alliant Reloder 22	Remington	CCI 200	54.0	2621	58.0 C	2880
Accurate 4350	Remington	CCI 200	50.0	2650	54.0	2879
Hodgdon H4831SC	Remington	CCI 200	54.0	2798	56.0	2861
Alliant Power Pro 2000-MR	Federal	Federal 210	43.6	2590	48.4	2826
IMR 4064	Remington	CCI 200	42.0	2609	46.0	2818
Accurate 3100	Remington	CCI 200	54.0	2726	56.0	2806
Hodgdon H414	Remington	CCI 250	48.0	2681	50.0	2789
Vihtavuori N160	Remington	CCI 200	48.0	2573	52.0	2777
Winchester 760	Remington	CCI 250	47.5	2692	49.5	2776
IMR 7828	Remington	CCI 200	56.0	2621	58.0 C	2767
Hodgdon Varget	Remington	CCI 200	42.0	2517	46.0	2734
IMR SR 4759 (reduced load)	Remington	CCI 200	21.0	1689	25.0	2012

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load